

ERASMUS+ KA2 PROJECT

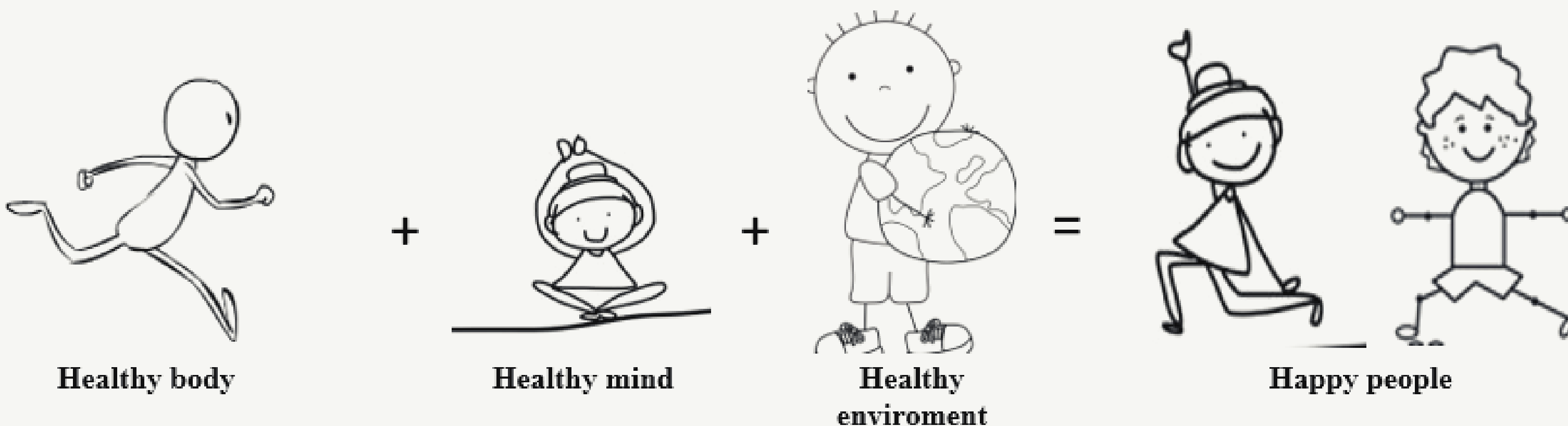
"HEALTHY BODY, HEALTHY MIND, HEALTHY ENVIRONMENT"

PROJECT NO. 2020-1-LT01-KA229-078107

The aim of the project is to strengthen students' physical and emotional health and to develop healthy lifestyle skills.

Project tasks:

1. To get acquainted with the experience of the project partner countries and to create conditions for students to implement joint activities.
2. To increase social inclusion through the implementation of planned activities that promote physical and emotional health
3. To encourage changes in students behavior related to consumption habits and lifestyles.
4. To promote international cooperation



ERASMUS+ KA2 PROJECT
"HEALTHY BODY, HEALTHY MIND, HEALTHY ENVIRONMENT"
PROJECT NO. 2020-1-LT01-KA229-078107

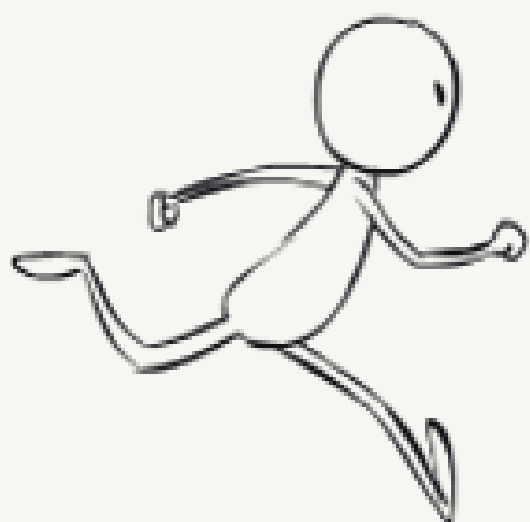
PROJECT DURATION:
2020-10-01 – 2022-09-30

COORDINATOR:
LITHUANIA

PARTNERS:
POLAND, BULGARIA,
GREECE, ITALY,
LITHUANIA

PARTICIPANTS:
14 – 16 YEAR OLD
STUDENTS

TOPICS:
1. MODERN ADDICTIONS
2. EMOCIONAL HEALTH
3. PHYSICAL HEALTH
4. HEALTHY LIFESTYLE/
HEALTHY FOOD
5. CONSUMPTION HABITS



Healthy body

+



Healthy mind

+



Healthy
enviroment

=



Happy people

